Reaching Rural Surgical Seniors

A Program from the National Grange

National Grange developed a program to help older adults and those with health concerns or who are aging in rural America prepare for surgery and the future.

- Website: www.seniorsurgeryguides.com
- Video lessons on various topics (accessible on the website and YouTube)
- Two Ouestion Prompt Lists (OPLs) and guides



The program connects medical professionals and leaders in senior health to rural Americans who often lack access to health care and information.

- 97% of land in the United States is classified as rural, with 20% of the U.S. population living in rural areas.
- Rural hospitals are closing at faster rates than those in urban areas.
- Rural areas have 20% fewer primary care providers than urban areas.

Program Testimonial

I'm glad I learned the right questions to ask, the important decisions to make and how to best care for my grandfather.



This program was partially funded through a Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington PCORI Engagement Award (EADI #30051)

Learn more at

http://www.seniorsurgeryguides.com



A Guide to Prepare for Surgery Question Prompt List (QPL)

Why the Grange?



The Grange is the country's oldest agricultural and rural service organization, founded in 1867. For over 150 years, the Grange has been *the trusted voice of rural America*.

Because many high-level organizations can't reach into communities, the program utilizes the Grange's grassroots network of 1,500 community Granges and 140,000 members across rural and small-town America to engage communities.





The program is designed to be presented in community meetings or displayed at fairs, festivals and events, and can also be accessed from home or anywhere with internet access.

Video lessons include real-life testimonials from Grange members and leaders and medical professionals.





Since October 2023, the program has reached **more than 190,000 individuals** through the online video lessons, website, brochures and guides, advertisements in magazines and publications, presentations (in-person and online), displays at fairs and festivals, grassroots networking and more.

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